



ROYAL  
LIFE SAVING  
SOCIETY UK



# Try Lifesaving!

Suitable for anyone over 8+ that is a Confident Swimmer

*Rookies + Survive & Save*

Looks Great on a CV and is suitable for either the sport or skill section of the DofE Award.

Sessions cost only £5.25 a week!  
*(nb. paid in Term Blocks)*



For More Information Go To [www.sheffieldlifesavingclub.org.uk](http://www.sheffieldlifesavingclub.org.uk)

Or Email us at [info@sheffieldlifesavingclub.org.uk](mailto:info@sheffieldlifesavingclub.org.uk)

Or Phone us on 07866110503 – Chris

Sessions are 19:20 until 21:00 on Wednesdays at Ponds Forge International Pool, S1 2PB - Meet in Reception

Please bring T-Shirt and Shorts to wear over Swimwear in the Pool.

