

SHEFFIELD LIFE SAVING CLUB



HEADQUARTERS : PONDS FORGE • SHEFFIELD

30th Annual Lifesaving Competition

Eckington Swimming Baths



Affiliated to the Royal Life Saving Society
Registration No: 10000865

Sponsored by :



PROGRAMME

12:30	Sign in
13:00	Team Captains briefing
13:15	Team's into isolation
13:45	Competition starts

EVENT 1 INCIDENT

SHORT INTERVAL

EVENT 2 ROPE THROW

EVENT 3 BODY BOARD RELAYS (ROOKIES)

EVENT 4 TOW RELAY (JUNIORS & SENIORS)

EVENT 5 MEDLAY RELAY

EVENT 6 FAMILY TOW

*The presentation of the trophies
will be held in
Eckington Civic Centre
(incl. buffet & disco)*



EVENT 1 :: INCIDENT DRAW

Shallow-end of the pool

Rookies U12

1. Blyth Lifeguard
2. Heanor Black
3. Rawmarsh U12 #1
4. Leeds Scott Hall
5. Leeds John Smeaton U12 #1
6. Blyth Lifesaver
7. Heanor Yellow
8. Rawmarsh U12 #2
9. Leeds John Smeaton U12 #2
10. Blyth Rookies

Rookies U14

11. Blyth Lifeguard
12. Heanor U14
13. Rawmarsh U14 #1
14. Leeds Scott Hall U14
15. Leeds John Smeaton U14 #1
16. Blyth Lifesaver
17. Rawmarsh U14 #2
18. Retford & Dist' U14
19. Leeds John Smeaton U14 #2

Deep-End of the pool

Juniors U16

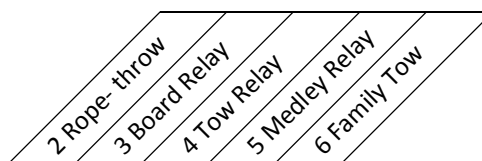
1. Blyth U16 #1
2. Heanor U16
3. Retford & Dist' U16
4. Leeds Scott Hall U16 #1
5. Blyth U16 #2
6. Rawmarsh U16
7. Leeds Scott Hall U16 #2

Seniors

8. Blyth Seniors
9. Heanor Seniors
10. Retford & Dist' Seniors
11. Rawmarsh Seniors
12. Leeds Scott Hall Seniors #1
13. Leeds Scott Hall Seniors #2



EVENT 2 TO 6 :: HEATS & LANE DRAW



Rookies U12

Heat 1

- L1 Blyth Lifeguard
- L2 Heanor Black
- L3 Rawmarsh U12 #1
- L4 Leeds Scott Hall
- L5 Leeds John Smeaton U12 #1
- L6



Heat 2

- L1 Blyth Lifesaver
- L2 Heanor Yellow
- L3 Rawmarsh U12 #2
- L4 Leeds John Smeaton U12 #2
- L5 Blyth Rookies
- L6



Rookies U14

Heat 3

- L1 Blyth Lifeguard
- L2 Heanor U14
- L3 Rawmarsh U14 #1
- L4
- L5 Leeds Scott Hall U14
- L6 Leeds John Smeaton U14 #1

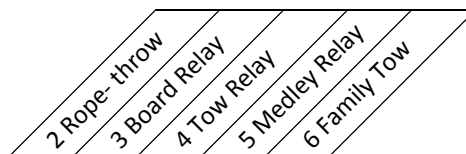


Heat 4

- L1 Blyth Lifesaver
- L2 Rawmarsh U14 #2
- L3 Retford & Dist' U14
- L4 Leeds John Smeaton U14 #2
- L5
- L6



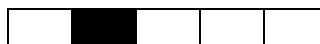
EVENT 2 TO 6 :: HEATS & LANE DRAW



Juniors

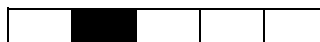
Heat 5

- L1 Blyth U16 #1
- L2 Heanor U16
- L3 Retford & Dist' U16
- L4 Leeds Scott Hall U16 #1
- L5
- L6



Heat 6

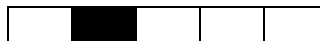
- L1 Blyth U16 #2
- L2 Rawmarsh U16
- L3 Leeds Scott Hall U16 #2
- L4 Sheffield U16
- L5
- L6



Seniors

Heat 7

- L1 Blyth Seniors
- L2 Heanor Seniors
- L3 Retford & Dist' Seniors
- L4 Rawmarsh Seniors
- L5 Leeds Scott Hall Seniors #1
- L6 Leeds Scott Hall Seniors #2



**Please check our website for
Results, Programme, Club News, Events, Activities and
next years competition details (to follow shortly)...**

www.sheffieldlifesavingclub.org.uk

ORGANISERS

Judges	<i>from Sheffield LSC</i>
Starter	<i>Jo Maillard</i>
Announcer	<i>Chris Ledger</i>
Scorers	<i>Chris & Karen Ledger</i>
Organiser	<i>Diane Patchett</i>
Timekeepers	<i>parents/family from Sheffield LSC</i>

TEAMS IN THIS YEARS COMPETITION?

**BLYTH
HEANOR
RETFORD & DISTRICT
LEEDS SCOTT HALL
LEEDS JOHN SMEATON
RAWMARSH
SHEFFIELD**



2011 WINNERS

Rookies U12

Incident	Blyth 2
Rope Throw	Rawmarsh
Board Relay	Blyth 2
Medley Relay	Blyth 2
Overall	Blyth 2

Rookies U14

Incident	Heanor 1
Rope Throw	Heanor 1
Board Relay	Blyth 2
Medley Relay	Blyth 2
Overall	Heanor 1

Juniors

Incident	Leeds Scott Hall 1
Rope Throw	Leeds Scott Hall 2
Tow Relay	Lincoln
Medley Relay	Heanor
Overall	Leeds Scott Hall 2

Seniors

Incident	Rawmarsh 1
Rope Throw	Rawmarsh 1
Tow Relay	Blyth
Medley Relay	Rawmarsh 2
Overall	Rawmarsh 1

*Thank you for attending our competition and
we hope that you enjoy it.*