

# SHEFFIELD LIFE SAVING CLUB



*Headquarters : Ponds Forge International Pool - Sheffield*

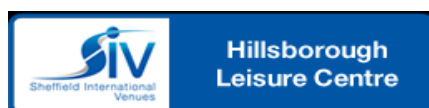
## 33rd Annual Lifesaving Competition

PONDS FORGE



Affiliated to the Royal Life Saving Society  
Registration No: 10000865

Sponsorship courtesy of :



## PROGRAMME

11:30 Registration  
11:35 *Volunteer Briefing*  
11:40 Team Captains briefing  
11:45 *incident Actors poolside*  
12:00 Isolation #1 Starts (EVENT 1)  
14:00 Isolation #2 Starts (EVENT 1)  
16:00 SPEED Starts (EVENTS 2 - 6)

**Approx 18:30** *Prize Giving (Skyline Suite)*  
**+ 30mins** *Buffet (Skyline Suite)*  
*(Please note all times are approximate and for guidance. Thx)*

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EVENT 1 (#1) INCIDENT - Rookies & J-U16

EVENT 1 (#2) INCIDENT - J-U14 & Seniors

## SHORT INTERVAL

EVENT 2 ROPE THROW

EVENT 3 BODY BOARD RELAYS (ROOKIES)

EVENT 4 TOW RELAY (JUNIORS & SENIORS)

EVENT 5 MEDLAY RELAY

EVENT 6 FAMILY TOW

The presentation of the medals  
will be held in the Skyline Suite  
approx. 25 mins after the competition ends



### EVENT 1 (#1) :: INCIDENT DRAW

Each age group get a half of the full length of the pool

#### Rookies

1. Heanor Yellow
2. Heanor Black
3. Eindhoven
4. Ripley Rascals A
5. Rawmarsh Nemos
6. Heanor Red
7. Sheffield
8. Ripley Rascals B
9. Rawmarsh Swordfish
10. Dancing Dorys - Rawmarsh

#### Juniors U16

11. Heanor
12. Sheffield
13. Eindhoven

### EVENT 1 (#2) :: INCIDENT DRAW

Each age group get a half of the full length of the pool

#### Juniors U14

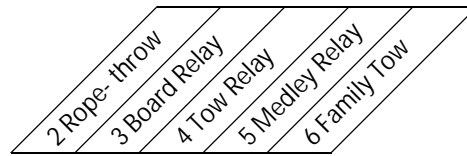
1. Heanor
2. Sheffield
3. Eindhoven
4. Rascals A
5. Retford A
6. Ripley Rascals B
7. Ripley Rascals C
8. Rawmarsh
9. Retford B

#### Seniors

10. Sheffield
11. Eindhoven
12. Solihull



## EVENT 2 TO 6 :: HEATS & LANE DRAW



### Rookies U12

#### Heat 1

- L1 Heanor Yellow
- L2 Heanor Black
- L3 Eindhoven
- L4 Ripley Rascals A
- L5 Rawmarsh Nemos
- L6 -



#### Heat 2

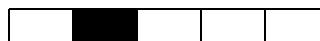
- L1 Heanor Red
- L2 Sheffield
- L3 -
- L4 Ripley Rascals B
- L5 Rawmarsh Swordfish
- L6 Dancing Dorys - Rawmarsh



### Juniors U14

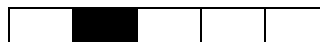
#### Heat 3

- L1 Heanor
- L2 Sheffield
- L3 Eindhoven
- L4 Rascals A
- L5 -
- L6 Retford A

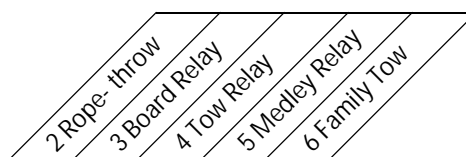


#### Heat 4

- L1 -
- L2 -
- L3 Ripley Rascals B
- L4 Ripley Rascals C
- L5 Rawmarsh
- L6 Retford B



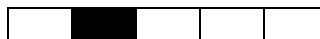
## EVENT 2 TO 6 :: HEATS & LANE DRAW



### Juniors U16

#### Heat 5

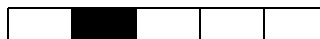
- L1 Heanor
- L2 Sheffield
- L3 Eindhoven
- L4 -
- L5 -
- L6 -



### Seniors

#### Heat 6

- L1 -
- L2 Sheffield
- L3 Eindhoven
- L4 Solihull
- L5 -
- L6 -



**First**   
transforming travel



## ORGANISERS

Head Judge *Jamie Wright*  
Dep. Head Judge *Jake Ledger*  
Judges *Steve Ward, Hayley Butterworth*  
*Joe Elkin, Will Salloway*  
Starter *Hayley Butterworth*  
Announcer *Chris Ledger*  
Scorers *Chris & Karen Ledger*  
Organisers *Jake, Hayley, Chris, Jamie*  
Timekeepers & Helpers *parents & family from ALL the Clubs!!*

## TEAMS IN THIS YEARS COMPETITION?

SHEFFIELD  
EINDHOVEN (NL)  
RIPLEY RASCALS  
RAWMARSH  
HEANOR  
SOLIHULL  
RETFORD

## CLUB WEBSITE

**Please check our website for  
Results, Programme, Club News, Events, Activities and  
next years competition details (to follow shortly)...**

**[www.sheffieldlifesavingclub.org.uk](http://www.sheffieldlifesavingclub.org.uk) and  
[www.facebook.com/groups/sheffieldlifesavingclub](https://www.facebook.com/groups/sheffieldlifesavingclub)**

## 2014 WINNERS

### Rookies U12

Speed  
Incident  
*Overall*

Blyth  
Ripley  
*Blyth*

### Rookies U14

Speed  
Incident  
*Overall*

Retford  
Blyth  
*Retford*

### Juniors U16

Speed  
Incident  
*Overall*

Rawmarsh  
Eindhoven  
*Rawmarsh*

### Seniors

Speed  
Incident  
*Overall*

Blyth  
Retford  
*Lincolnshire*

Thank you for attending our competition and  
we hope that you enjoy it.